

**KRYSTIN SYLVIA, RN, BSN**

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**SUMMARY**

Registered Nurse and emerging healthcare leader currently pursuing an MSN–MBA in Executive Leadership, with progressive experience across home health, rehabilitation, and case management. Demonstrated strength in clinical operations, care coordination, regulatory compliance, and interdisciplinary leadership. Proven ability to manage complex patient populations, optimize care transitions, support quality and performance metrics, and maintain audit-ready documentation aligned with CMS and payer requirements. Recognized for strategic thinking, operational insight, and collaborative leadership that drives patient-centered outcomes and organizational effectiveness.

**PROFESSIONAL EXPERIENCE****Caretenders – Bourne Office**

Registered Nurse / Case Manager (Home Health) | January 2025 – Present

- Clinical and operational leadership for diverse home health caseloads
- Strategic assessments, care planning, and resource utilization
- Interdisciplinary collaboration to optimize outcomes and cost-efficiency
- Performance monitoring to reduce readmissions and mitigate risk
- Regulatory compliance and audit readiness (CMS, Medicare, payers)

**Alden Court Nursing Home & Rehabilitation**

Registered Nurse | 2021 – 2025

- Supervised high-quality post-acute and long-term care delivery
- Coordinated daily clinical operations and medication management
- Supported quality assurance, infection control, and compliance

**EDUCATION**

MSN–MBA Dual Degree, Executive Leadership (2025–2027) – Purdue Global University

BSN, Minor in Aging & Health (2017–2021) – University of Massachusetts Dartmouth

**CORE COMPETENCIES**

Clinical and operational leadership • Care coordination • Interdisciplinary leadership • Quality improvement • Regulatory compliance • Utilization management • Risk management • Care transitions • EMR governance

#### **CERTIFICATIONS & LICENSURE**

Registered Nurse – Massachusetts • BLS • CPR/AED • IV Therapy • Dementia Training