

KRYSTIN SYLVIA, RN, BSN

246 Bonin Street, New Bedford, MA 02745

(774) 305-1434 | krystin.sylvia@aol.com

SUMMARY

Registered Nurse and emerging healthcare leader currently pursuing an MSN–MBA in Executive Leadership, with progressive experience across home health, rehabilitation, and case management. Demonstrated strength in clinical operations, care coordination, regulatory compliance, and interdisciplinary leadership. Proven ability to manage complex patient populations, optimize care transitions, support quality and performance metrics, and maintain audit-ready documentation aligned with CMS and payer requirements. Recognized for strategic thinking, operational insight, and collaborative leadership that drives patient-centered outcomes and organizational effectiveness.

PROFESSIONAL EXPERIENCE

Caretenders – Bourne Office

Registered Nurse / Case Manager (Home Health) | January 2025 – Present

- Clinical and operational leadership for diverse home health caseloads
- Strategic assessments, care planning, and resource utilization
- Interdisciplinary collaboration to optimize outcomes and cost-efficiency
- Performance monitoring to reduce readmissions and mitigate risk
- Regulatory compliance and audit readiness (CMS, Medicare, payers)

Alden Court Nursing Home & Rehabilitation

Registered Nurse | 2021 – 2025

- Supervised high-quality post-acute and long-term care delivery
- Coordinated daily clinical operations and medication management
- Supported quality assurance, infection control, and compliance

EDUCATION

MSN–MBA Dual Degree, Executive Leadership (2025–2027) – Purdue Global University

BSN, Minor in Aging & Health (2017–2021) – University of Massachusetts Dartmouth

CORE COMPETENCIES

Clinical and operational leadership • Care coordination • Interdisciplinary leadership • Quality improvement • Regulatory compliance • Utilization management • Risk management • Care transitions • EMR governance

CERTIFICATIONS & LICENSURE

Registered Nurse – Massachusetts • BLS • CPR/AED • IV Therapy • Dementia Training